



RELAX, REJUVENATE, & UNWIND

# Queenstown's multi award-winning urban escape.



Open 7 days from 9am - 9pm

Level 1, 10 Athol Street, Queenstown NZ

**Reservations:** All appointments require a VISA/MASTERCARD credit card.

**Cancellation Policy:** Should you need to amend or cancel your appointment, we request a minimum notification of 24 hours, after which 100% of the full service fee will be charged. For any mobile massage, multiple person booking, spa packages, group bookings (of 3 or less people) and combo deals, 48 hours minimum notice is required, after which 100% of the full service fee will be charged.

For large groups (4 or more people) and event bookings, an alternative cancellation policy applies which will be communicated upon booking.

100% of the full service will be charged for any late cancellations or no-show appointments.

Gift Vouchers: Purchased Gift Vouchers are valid for 12 months, non refundable, non transferable and can not be exchanged for cash.

**Late Arrivals:** Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

## Facials

### Hydrating

#### ● MANUKA HONEY FACIAL

30 mins - \$79 | 45 mins - \$109 | 60mins - \$139

Target your skin's hydration needs using our New Zealand Manuka Honey skincare range. Includes a deep cleanse, exfoliation, Manuka Honey masque, moisturiser and SPF if required. Perfect for dry skin.

### Nourishing

#### FIJI ISLAND FACIAL & RITUAL 60mins - \$139

##### 'PURE FIJI' FACIAL + LOMI LOMI BACK MASSAGE

Sink into island time with our Pure Fiji facial. Begin with a Lomi lomi back massage followed by a thorough cleanse, tone, exfoliation, masque and moisturiser application. Experience a Pure Fiji heaven warming foot wrap while your masque sets. Great for all skin types.

### Correcting

#### ○ COSMEDICS FACIAL

45 mins - \$149 | 60mins - \$159

Every 'O Cosmetics' Dermal Facial and Peel is prescribed for your exact skin concern and needs by our therapists. Includes a deep cleanse, exfoliation, peel, alginate mask, soothing head massage and application of treatment serums, hydrators and an SPF. Perfect for treating any skin concern.



MOBILE MASSAGE  
BY BODY SANCTUM

### Let us come to you...

Treat yourself to a deeply relaxing or therapeutic experience with us in the comfort of your own home or hotel room.

## Nails, Waxing & Beauty

### Nails

#### CLASSIC SPA MANI OR PEDI 45mins - \$69

The hands or feet are soaked, scrubbed and massaged followed by all cuticle work and polish.

#### EXPRESS MANI OR PEDI 30mins - \$49

Ideal if you are short on time! Includes all cuticle work and polish.

#### NAIL ADD-ONS 15 mins

Shellac polish + \$20 | French polish + \$20 |

Shellac removal + \$15 | Callus treatment + \$25

\*NOT AVAILABLE AS INDIVIDUAL TREATMENTS

### Brows & Lashes

Brow Shape (wax)	\$25
Brow Tint	\$20
Lash Tint	\$25
Brow Tint & Shape	\$35
Brow Shape & Lash Tint	\$45
Eye Opener   30mins	\$60

*Includes brow tint, shape & lash tint*

### Waxing

Bikini	\$30
Extended Bikini	\$40
Brazilian (maintenance)	\$60
Brazilian (> 6 weeks)	\$80
Full Leg	\$65
Half Leg	\$45
Upper Lip & Chin	\$30
Underarm	\$25

*Full menu for waxing available on our website.*

### Tanning

#### SPRAY TAN

Half Body - \$40 | Full Body - \$60



BODY SANCTUM  
DAY SPA

BOOK AN APPOINTMENT

+64 3 442 4336

info@bodysanctum.co.nz

www.bodysanctum.co.nz

## Massage Therapies



### DEEP TISSUE

A customised massage with firmer pressure for the individual looking for more detailed body work on specific muscle groups.

### RELAXATION

A traditional Swedish massage using long, flowing, kneading strokes. Ideal for those looking to totally unwind.

### PREGNANCY

A nurturing massage that will help to relieve pressure on the lower back, legs and feet. We have specifically designed cushions and supports to ensure your comfort.

### COUPLES

Relax side by side in one of our luxurious couples rooms.



### TREATMENT ADD-ONS

15 mins + \$29

Hand Massage | Foot Massage | Scalp Massage |  
Back Exfoliation | Back Masque

30 mins + \$59

Hand Massage | Foot Massage | Scalp Massage |  
Full Body Exfoliation | Foot Revival

\*ADD-ONS NOT AVAILABLE AS INDIVIDUAL TREATMENTS

### OIL UPGRADES + \$5

Pure Fiji Coconut Oil | Aromatherapy Oil

### POPULAR TREATMENT

## Massage Therapies

### Remedial Massage

60 mins - \$139 | 90 mins - \$189 | 120 mins - \$239

A results-driven massage in which your therapist will focus on specific areas with deeper pressure and techniques such as trigger point therapy for release. A remedy for stiff, tense, knotted & damaged muscles. Enhancements may also be included to optimise results.

\*MEMBERSHIP PRICING AVAILABLE FOR PACKS OF FIVE & TEN.  
\*WE ARE AN ACCREDITED SOUTHERN CROSS EASY-CLAIMS PROVIDER.

### REMEDIAL ENHANCEMENTS + \$15

Orthopaedic Cupping | Dry Needling

\*INCLUDED WITHIN THE TREATMENT TIME

### REMEDIAL ADD-ONS 15 mins + \$19

TMJ

### Speciality Massage

**HOT STONE MASSAGE** 90 mins - \$219

Smooth heated stones glide over your body as an extension of your therapist's hands. The heat and healing energy penetrates deeper allowing greater tension relief.

### REFLEXOLOGY

30 mins - \$79 | 45 mins - \$109 | 60 mins - \$139

Pressure point work is used on the feet to help stimulate energy flow throughout your body, leaving you feeling relaxed and restored.

**INDIAN HEAD MASSAGE** 30 mins - \$79

De-stress with a massage to focus on your head and neck relieving tension and stress.

### Therapist Signature Massage

**SPECIALITY** 60 mins - \$149 | 90 mins - \$199

Choose from a variety of off-menu specialist massage styles such as Lymphatic drainage, Lomi Lomi, Reiki and more. Please call to enquire for availability.

\*NOT ALWAYS AVAILABLE

## Spa Packages

### LUXURY COUPLES PACKAGE

1.5hrs - \$429 | 2 hrs - \$529 (2 people)

**SPA TREATMENT | NIBBLES + BUBBLES**

Sip on a glass of bubbles and relax side by side with your loved one with a foot soak, scrub and massage followed by a 60 or 90 minute aromatherapy massage. Hot stones will be placed on key points of your back during your massage to promote deeper muscle relaxation.

**THE ULTIMATE INDULGENCE** 3.5 hrs - \$399

**FACIAL | MASSAGE | MANI + PEDI**

This complete treatment envelopes you from head to toe. You will be pampered with a deluxe Manuka Honey facial, spa manicure, spa pedicure and full body massage.

**PRINCE OR PRINCESS** 3 hrs - \$379

**EXFOLIATION + MASQUE | MASSAGE | FACIAL**

Enjoy a full body exfoliation and purifying back masque followed by a full body massage and our hydrating Manuka Honey facial.

### PURE REVIVAL | 1.5 hrs - \$199

**FOOT SOAK & SCRUB + FULL BODY MASSAGE**

Relax and unwind with a foot soak, scrub and lower leg massage followed by a full body massage of your choice.

**FIJI ISLAND RETREAT** 1.5 hrs - \$209

**DRY BODY BRUSH | FULL BODY, FACE & SCALP MASSAGE | HOT STONES | HAND & FOOT WRAP**

Start with a gentle dry body brush followed by a full body massage including your face and scalp. Hands and feet are wrapped in body butter while hot stones are placed on your body to release tension.

### LUXURY ESCAPE 1.5 hrs - \$219

**FOOT SOAK & SCRUB | MASSAGE | FACIAL**

A warm foot soak & scrub followed by de-stressing back massage and our hydrating Manuka Honey facial.

## Spa Packages

**MUM-TO-BE** 1.5 hrs - \$199

This 90 minutes of escapism begins with a 30 minute foot soak, scrub and massage using heavenly Pure Fiji products followed by a 60 minute massage to ease tension, relieve pressure and help you feel light on your feet once again.

\*ALL TREATMENTS ON OUR MENU ARE SAFE FOR PREGNANCY.

### Massage & Facial Combos

#### A LITTLE PEACE & QUIET 2 hrs - \$269

**60 MIN MASSAGE + 60 MIN FACIAL**

A full body relaxation massage followed by our signature Manuka Honey facial. Two hours of pure relaxation.

#### ME TIME 1 hr - \$149

**30 MIN MASSAGE + 30 MIN FACIAL**

A 30 minute relaxing massage followed by an express facial. Relaxation for those who are limited with time!

### Body & Foot Treatments

**PARADISE BODY GLOW** 45 mins - \$99

**FULL BODY EXFOLIATION**

Experience the award-winning 'Pure Fiji' sugar rub with a full body exfoliation followed by an application of warm coconut oils gently massaged into your skin.

**'PURE FIJI' FOOT REVIVAL** 30 mins - \$79

**FOOT SOAK & SCRUB + FOOT/LEG MASSAGE**

The feet are bathed, exfoliated and massaged with Pure Fiji's pure blend of nut oils and body butter. A thoroughly sole reviving and invigorating experience.

**BOOK ONLINE**

[www.bodysanctum.co.nz](http://www.bodysanctum.co.nz)